

# Activities for all - Go Sport



Course	Day & Time	Age	Location	Weekly cost	Coach
<b>Aero-tone</b>	Wednesday 7 – 7.45pm	16+	Gym	£3	Lynsey Carter
<b>Badminton</b>	Friday 6 -7.30pm	Y5 – Y9	Gym	£3	Richard Smith
<b>Basketball</b>	Monday 8 – 9pm	Y7 – Y10	Gym	£3	Jonathan Hart
<b>Colours Performing Arts Academy</b>	Saturday 9.30am – 12.30pm	Contact Coach	Drama Studio	Contact Coach	0845 5190 573
<b>dancecraze</b>	Wednesday 6 – 7pm	Y4, Y5 & Y6	Gym	£3	Lynsey Carter
<b>Junior Gymnastics Club</b>	Thursday 6-7pm	Y4, Y5 & Y6	Gym	£4	Glenn Smith
<b>Ladies Basketball</b>	Monday 7 -8pm	Age 16+	Sports Hall	£3	Jonathan Hart
<b>Micro-tots football</b>	Wednesday 5 – 6pm	4+	Sports Hall	Contact Coach	Paul Clements TIBS 07794396105
<b>Micro-tots football</b>	Saturday 9 – 10am	4+	Sports Hall	Contact Coach	Dan Fowler 07947740136
<b>Ninja Tots</b>	Tuesday 4.30 – 5.15pm	5 – 8 years	Gym	£3	Yarm Martial Arts
<b>Pay &amp; Play Badminton</b>	Various	Open to all	Gym	£5	Go Sport Office
<b>Pay &amp; Play Tennis</b>	Various	Open to all	Tennis Courts	£2	Go Sport Office
<b>Pop-dance</b>	Saturday 10 – 10.50am	Aged 4 - 8	Gym	£3	Michelle Robinson
<b>Primary Gymnastics</b>	Monday 5.15 – 6pm	Y1, Y2 & Y3	Gym	£4	Glenn Smith
<b>Primary Gymnastics</b>	Thursday 5.15 – 6pm	Y1, Y2 & Y3	Gym	£4	Joanne Swash
<b>Running Group</b>	Mon 6-7pm	Open to all	Meet PE Block	Contact Coach	Chris Bullock 07885985840
<b>Senior Gymnastics</b>	Thursday 7 – 8pm	Y7 & Y8	Gym	£4	Glenn Smith
<b>Slimming World</b>	Wednesday 7 – 9pm	Open to all	Dining Hall	Contact Coach	Roz 07939212009
<b>Trampoline Coaching</b>	Tuesday 5.30 – 6.30pm	Y4 – Y7	Gym	£3	Lisa Bosomworth
<b>Zumba</b>	Monday 6.30 – 7.15pm	Female 18+	Gym	£3.50	Sue Wilkinson

To book activities contact the listed coach or tel: 01642 790296 or email [gosport@conyers.org.uk](mailto:gosport@conyers.org.uk)